

WOT Championships – OFFICIAL Weigh-In

Weigh in must be completed between Jan 22 - Jan 26 and turned in by Tuesday Jan 26th. Weigh-ins are required only for Olympic Sparring athletes. Assign a date for your team to weigh in at your dojang.

Athlete Name	Weight in LBS	Coach's Initial
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____
5. _____	_____	_____
6. _____	_____	_____
7. _____	_____	_____
8. _____	_____	_____
9. _____	_____	_____
10. _____	_____	_____
11. _____	_____	_____
12. _____	_____	_____
13. _____	_____	_____
14. _____	_____	_____
15. _____	_____	_____

If more than 15 athletes, make a copy or use the back of this sheet for the rest of your team.

I hereby certify that the information given is true and complete to the best of my knowledge. I understand false documentation will lead to disqualification.

COACH'S NAME _____ SCHOOL NAME _____

DATE _____ / _____ / _____

COACH'S SIGNATURE _____

Email a picture of the completed form to wotchampionships@gmail.com or upload file onto our website under our Coach Pass section by Tues Jan 26th